

## Monique Carr Workshop

### OIL AND COLD WAX LIST OF SUPPLIES

I have compiled a list of "RECOMMENDED" items at Blick's online store to make it easier for you to prepare for the workshop. Click [HERE](#).

- 4 - Cradle wood panels 7/8 deep 12"X12" \*
- 1 -12"X16" pad of Arches Oil Paper \*\*
- Oil Paint: **Use what you have.** No student grade paint please!

*The colors that I like for seascape are:*

- Phthalo Blue-Green (Rembrandt)
- French Ultramarine (Winsor & Newton)
- Cobalt Teal (Gamblin)
- Asphaltum (Rembrandt)
- Indian Yellow (Winsor & Newton)
- Permanent Rose (Winsor & Newton)
- Mars Black (Winsor & Newton)
- Titanium White (Gamblin)
- Gamblin Gamsol Odorless Mineral Spirits
- 4" brayer
- Palette Knives trowel type (I like the square tip)
- A couple flat brushes 1" and 2", a round brush
- Catalyst Wedge W-06 beige
- Drawing tools like pencils, charcoal...
- Odorless Mineral Spirits in a spray bottle
- Paper Towel, Trash Bags
- Palette paper 12"x16"
- Plastic wrap (Saran or Glad)
- Apron
- Painter Tape, Masking Tape, or Artist Tape
- Tools for texture: string, stencils, bubble wrap, old credit cards, comb, tooth pick, needlepoint grid...) anything that you think might make interesting marks or texture—nothing fancy or expensive. You can find a lot of fun items at the Dollar Store.

**I will provide the Wax, Latex-Free Gloves, and other fun materials.**

**Little pre-work on your part before the workshop.**

- \* 1) Apply 2 coats of gesso on wood panels before the workshop and masking tape the cradle sides (to keep the sides clean). You can use white or black gesso. *I like the black as an underground.*

\*\* Another little pre-work on your part.

- 2) Prepare one full sheet 12"X16". With 1" masking tape (painter tape or artist tape), tape off all around the sheet and 2 across. You will get 4 rectangles of 4.75" X 6.5". See image.

- 3) Tape off 3 different sheets to 8"x8" square with masking tape (painter tape or artist tape). Basically, you want an 8"x8" square for each sheet. See image.

Email me if any questions [HERE](#).



1) Wood panel w/white gesso



1) or black gesso

